



Center for
Specialty Surgery, LLC

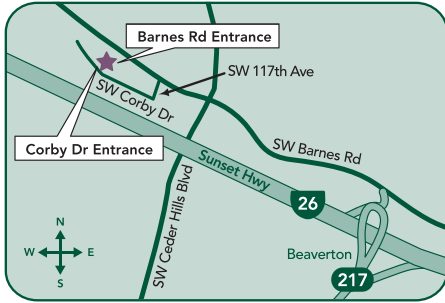
Name: _____

Surgery Date: _____

Arrival Time: _____

Surgery Time: _____

Following Surgery
Recovery Room Contact Phone Number: 503.906.4307



Center for Specialty Surgery is conveniently located in the Barnes Professional Plaza off the Sunset Hwy.

Center for Specialty Surgery
 11782 SW Barnes Rd. Suite 200
 Portland, OR 97225
 503.906.4300

Located approximately 1 1/4 miles from the hospital campus on Barnes Road. The address given is off of Barnes Road. Entry to the parking structure is made from Corby St. (which parallels with Hwy 26). You will see the address 11785 on the awning overhang on your right. Turn to your right after passing this address into the parking structure.

- Easy commute from the metropolitan area
- Direct access from Hwy 26
- Just minutes from downtown

Due West	Due East	Due North
<ul style="list-style-type: none"> - From US-26 W - Take the Cedar Hills Blvd exit-exit number 68-toward Beaverton - Turn slight right onto SW Cedar Hills Blvd - Turn Left onto SW Barnes Road - Turn Left on SW 117th - Turn Right on Corby <p>The building will be on your right hand side: Go halfway down the hill and you will see a sign for parking to the structure (top floor). Enter the building and take the elevator to the second floor.</p>	<ul style="list-style-type: none"> - Merge onto US-26 E - Take Cedar Hills Blvd exit-exit number 68 toward Beaverton - Turn Left onto SW Cedar Hills Blvd - Turn Left onto SW Barnes Road. - Turn Left on SW 117th - Turn Right on Corby <p>The building will be on your right hand side: Go halfway down the hill and you will see a sign for parking to the structure (top floor). Enter the building and take the elevator to the second floor.</p>	<ul style="list-style-type: none"> - Get on OR 217 N toward Beaverton/Sunset Hwy - Merge onto US-26 W via the exit on the left toward Tillamook/Astoria - Take the Cedar Hills Blvd. exit-exit number 68- toward Beaverton - Turn Right onto Cedar Hills Blvd - Turn Left onto SW Barnes Road - Turn Left on SW 117th - Turn Right on Corby. <p>The building will be on your right hand side: Go halfway down the hill and you will see a sign for parking to the structure (top floor). Enter the building and take the elevator to the second floor.</p>

BEFORE SURGERY

Follow these guidelines the day before your surgery to ensure that your operation goes smoothly:

- You must arrange in advance for a responsible adult to drive you home and remain with you for the first 24 hours after surgery. You cannot drive yourself or be left alone.
- Be sure to tell your physician about any herbal supplements you are taking.
- Notify your physician before coming to the center if there is any change in your physical condition, such as a cold or fever.
- If you have not been contacted in 48 hours before your surgery, please call the center for specific instructions.
- If you wear contact lenses or glasses, bring a case for their safekeeping. We will provide containers for removable dentures and bridgework.
- **EATING & DRINKING:** Do not eat anything after 12:00 midnight. This includes water or coffee. This will reduce the possibility of nausea and vomiting following anesthesia. You may brush your teeth, remember not to swallow anything. Refrain from the use of mints, chewing gum or cigarettes. Failure to follow these instructions may result in the cancellation of your surgery.
- You are welcome to tour our facility anytime before your surgery. Please call us to arrange a tour.
- **MEDICATIONS:** Discontinue taking any aspirin or aspirin products 14 days prior to surgery. Also avoid Motrin or any Ibuprofen containing products for 7 days prior to surgery.
- Please do not take any medication after midnight unless instructed by your physician. If you are diabetic, on blood pressure or heart medication, obtain specific instructions from your physician or contact the center.

DAY OF SURGERY

To help us meet all your needs, please follow these guidelines:

- Please bathe or shower prior to your surgery. Do not use oils, lotions or make-up after bathing.
- Wear loose comfortable clothing such as sweat suits, shorts and easy to button shirts or blouses that are big enough to accommodate bandages after surgery. Wear comfortable shoes: no high heels, please.
- Leave all valuables, including jewelry and cash, at home. We cannot be responsible for damaged or lost property.
- Be prepared to sign a form giving your consent for the operation. If you are under 18, a parent or legal guardian must accompany you and sign the consent form.
- Collect all necessary papers from your physician's office and bring them with you to your surgery. If this service is covered by insurance, please bring all insurance cards and your driver's license to the center.
- Once in the pre-operative area, a nurse will provide you with a gown, slippers and belonging bag to store your clothing in a locker. We will also check your temperature, blood pressure and pulse. If necessary, an IV will be started. Your family can be with you during this time if you prefer.

GOING TO OUR OPERATING ROOM

Going to the operating room is not a normal experience for most of us. Our professional staff caring for you recognize this natural anxiety. A description of the surgery experience should help lessen your anxiety.

Your surgery will be performed in our state-of-the-art operating suite. Specialists using modern equipment and techniques will attend to you. The team includes a board-certified anesthesiologist, a trained operating room technician and a registered nurse in charge of the operating room.

When you arrive at the Center for Specialty Surgery, you will be escorted to the surgery suite. You will be asked to change into a gown and will be given foot covers. Your physician and the anesthesiologist will meet with you before you enter the operating room. This is the time for any last minute questions.

Once you enter the operating room, the staff will do everything possible to make you feel secure. You will feel comfortable on our padded operating room bed, and the nurse or the anesthesiologist will start the flow of the intravenous drip in your arm. At the same time, to ensure your safety, our staff will connect you to monitoring devices. You will begin to feel drowsy as the anesthesiologist starts adding medications through your IV.

When the surgery has been completed and your dressings are in place, you will be moved to the recovery room. You will be connected to monitoring equipment constantly. During this period, a fully trained recovery room nurse will take care of you and remain with you at all times.

The stay in recovery varies from patient to patient. Most patients are fully awake within 30-60 minutes after surgery but may not remember much about their stay in the recovery room.

At home, take the pain medications as prescribed by your physician. You need to have a family member or friend with you the first night after surgery because you will have been sedated.



- Before you leave the center, your physician will give you written instructions for your care at home.
- After you have returned home, be sure to follow your doctor's orders regarding diet, rest, medication and activity. Unless directed otherwise, you should start your diet with clear liquids. In four to six hours you can begin to eat solid foods. By the next day, you should be back to your normal diet. It is not unusual to feel a little sleepy, light headed or dizzy for several hours after surgery.
- Do not sign any important papers or make any significant decisions for 24 hours.
- If you have any questions or problems after surgery, please contact your physician.
- A nurse from Center for Specialty Surgery will contact you the day after your surgery to see how you are and answer any additional questions you might have.
- Do not drive a car, smoke, drink alcoholic beverages, or operate machinery for 24 hours after surgery, or at anytime while taking narcotics.

Our Charge/Payment Policies

Cosmetic Surgeries:

Payment for all cosmetic procedures (non-insurance related) is due one week prior to surgery and can be paid by cash, credit card (we accept Debit, Visa and MasterCard) or cashier's check. No personal checks please.

Anesthesia Payments:

The same policy applies to the anesthesiologist and will be collected at the facility. Cash, credit card, or cashier's check. The Doctor's Professional Billing Service for anesthesia can be contacted at (503) 297-7223.

Items that are not included in the facility fees are implants, pain pumps, durable medical items (braces), laboratory and pathology services. If this service is required, you will receive a separate bill from each company providing these services. Typically these services are discussed before surgery.

THANK YOU

Insurance Procedures:

Our charges consist of one fee for each procedure performed. This fee covers Operating Room use (facility fee), supplies, dressings, medications and nursing services. Items that are not included in procedure fees are: Special implants and orthopedic implants to name a few. These items will appear as a separate line item on your bill.

Upon your request, your estimated insurance coverage and amount of your co-pay will be available before surgery. These fees will be estimated, based on the diagnosis and scheduled procedures. We will bill your insurance for you and attempt to assist you in resolving insurance payment issues. You should contact your insurance carrier for other specific concerns.

We gladly accept Debit, Visa, and MasterCard for patient's portion of fees. If you paid in advance, any credits due will be refunded after insurance payments are received.

CHARGES THAT ARE NOT COVERED IN YOUR BILL

- 1) Anesthesia Services
- 2) Surgeon's Charges
- 3) Laboratory Fee
- 4) Durable Medical Equipment (DME)

You will receive a separate bill from each company providing these services. We will be able to assist you with contact information, if you are uncertain about where to call for clarification on these bills.

Questions for anesthesia fees, please contact Doctor's Professional Billing Service (503) 297-7223.

It is our privilege to ensure that you understand our fee and payment policies and it is your right as a patient to request information. Our friendly staff will be happy to answer any questions you have.

We appreciate the trust you have placed in our staff. We will make every attempt to honor that trust by providing the high-quality medical care you expect and deserve.



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Specialty Surgery, LLC

11782 SW Barnes Rd. Suite 200 • Portland • OR 97225
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*The Center for Specialty Surgery's core purpose is
the provision of exceptional quality and comfort in
surgical and medical services.*